

Counseling Center Pattaya offers counseling in English and German News

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COUNSELING CENTER PATTAYA OFFERS COUNSELING IN ENGLISH AND GERMAN LANGUAGES
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Counseling in English and German language is now available in Pattaya, offered by Richard L. Fellner, an ECP-certified counselor and psychotherapist, in his recently opened Counseling Center located in Soi Kopai, about 300m off Theprasit Road.

Until now, specialized counseling services were not available in Pattaya before, but now they finally are: Richard L. Fellner brings in 12 years of experience from his successful psychotherapy and counseling practice in Vienna, Austria ? the ?birthplace? of modern psychotherapy.

With his own cultural background and years of experience with Southeast Asian culture, he is well prepared to support foreigners on their specific challenges. ?Most Westerners find it much easier to seek support by a counselor who speaks their own language and understands their culture?, Fellner says, ?and many of them also prefer working out mental strategies to fight their burdens on a conscious level rather than just taking pills.? However, Fellner also cooperates with experienced local medical doctors to ensure proper treatment in cases where supportive medication can speed up the re-balancing process.

Often, counseling can help after just a few sessions.

Counseling has been proven to be helpful for:

- ? Relationship Issues
- ? Depression, Social Withdrawal
- ? Psychosomatic Illness
- ? Death or other loss
- ? Worry, Anxiety, Anger
- ? Procrastination
- ? Time Management
- ? Career Choice, Job Issues
- ? Self-Esteem Issues
- ? Balancing Multiple Obligations
- ? Adjustment Issues ('Expatriate Syndrome')
- ? Sexual Issues
- ? Addictions: Alcohol, Drugs, Internet, Gambling, Food,..
- ? Family Issues
- ? Childhood/Adolescence
- ? Burn-out
- ? Life Goals

Richard is trained in solution-focused Systemic Therapy and Counseling as well as Hypnotherapy, and he works with individuals, couples, families and teams.

Being a psychotherapist following professional European standards, he keeps absolute discretion about consultations according to the 'rule of confidentiality' as it exists in Western countries.

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If you'd like more information about this topic, or to schedule an interview with Richard L. Fellner, please call 0854 370 470 or e-mail Richard at r.l.fellner@gmail.com